

# Psychic Reading Guide

Presented by Soul Vision Psychic

[www.soulvisionpsychic.com](http://www.soulvisionpsychic.com)

If you are wise when choosing a professional psychic and if you use common sense in applying what you learn from your readings, the information you gain can change your life in amazing ways.

This guide provides tips for choosing a psychic, avoiding dishonest psychics, learning what types of services are available, and getting the most out of your psychic readings.

## Why Get a Psychic Reading?

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Psychic readings provide a window on the world that you can't see otherwise. Because psychics have access to levels beyond the physical and the "here and now," they are a great resource for insight about your life, others, and the world - insight that you may not be able to get any other way. Some of the most popular reasons people request psychic readings are:

- ◆ Get answers about my life and relationships
- ◆ Interpret my dreams and dream symbols
- ◆ Identify and clear blocks

- ◆ Find my "on track" direction
- ◆ Deepen my spiritual connection
- ◆ Discover insights for wellness

### **Learn About You and Improve Your Life**

A good psychic can provide clarity about you - including the aspects you cannot see for yourself. A psychic reading can help you gain a deeper understanding of who you are, what's blocking you from what you want, and how to move past obstacles that stand in your way.

By peering into your personal world, a psychic can tell you your potential in life, your greatest joys, your passions in life, the fears holding you back, the problems you face, your hidden creative forces waiting to be tapped, and the opportunities available to you now and in the future.

With the right information, you have the power to change your life and live the best possible life you can. A talented psychic can help you learn how to spot opportunities disguised as disasters, and how to turn your challenges into rewards. Once you know your direction and you understand your self-defeating patterns and how to deal with them, you are set to accomplish anything in your life.

## Learn About and Improve Your Relationships

Relationships - we all have them. Romantic relationships, relationships with family, friends, co-workers. Some people we want to get closer to, some have quirks we just want to know how to deal with. Psychic readings can reveal a lot about the other person's inner workings and why they do what they do.

Romantic relationships provide some of the most wonderful - and the most excruciating - experiences in our lives. Whether want to make things better with that special someone or you're looking for love (in all the wrong places?) - a psychic reading can do wonders for your love life. Find out where and when you might find love, and how to make it great if you've already found it. Discover the patterns that keep turning up in your love life and why you keep attracting the same relationship problems. Find out what you need to know to create the relationship you've always wanted.

## Understand Your Dreams

Dreams can be a powerful source of life-changing information if we understand their meanings accurately and fully. Because your dreams provide a doorway into your subconscious mind, psychic interpretation of your dreams can offer valuable glimpses of yourself and your life in great depth.

Dreams provide a direct representation of your subconscious mind and any information flowing into or out of it. Dreams can contain feelings, thoughts, ideas, desires and

other psychological factors that may lie buried when you're awake. They can also convey information from outside of yourself, such as spiritual guidance, premonitions, and interactions with loved ones who have passed on.

Psychic dream interpretation can help you answer important life questions, clarify your life direction and next steps, discover creative ideas, resolve issues from the past, dissolve fears, uncover physical conditions that need attention, and de-stress your life... and much more.

## Tips for Choosing a Psychic

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As with any other professional field, there are honest psychics who provide accurate information for a reasonable price, and there are dishonest individuals who take advantage of their clients for financial gain. This section should help you understand what to watch out for when selecting a psychic to work with.

### Identifying an Honest Professional Psychic

When considering whether to use the services of a particular psychic, make sure the psychic meets the following criteria.

A professional psychic:

- SHOULD tell you exactly how much they charge ahead of time.

- SHOULD be charging a reasonable amount (up to \$7/minute or \$400 per hour).
- SHOULD answer your question(s) directly and as completely as possible.
- SHOULD tell you if they are unable to answer your particular question(s).
- SHOULD only give you information that is for your best good to know, and not information that could interfere with your life purpose or the spiritual course of your life.
- SHOULD NOT stretch or stall to make a phone session longer.
- SHOULD NOT "bait" you into spending more money with them.
- SHOULD NOT force you to buy future services or to pay for lots of readings in advance.
- SHOULD NOT ask you to send them your possessions or large sums of money.
- SHOULD NOT ask for personal information like Social Security number or account numbers (other than necessary to process a credit/debit card charge).

- SHOULD NOT tell you what to do in your life, but just describe the situation & outcomes.
- SHOULD NOT promise that they can use psychic or any other powers to make a certain thing happen, such as claiming that they can get a certain person to fall in love with you.
- SHOULD NOT claim that they can get another person to do something without their knowing, or affect another person either negatively or positively without their permission. This includes using "spells" to reunite lost loves, etc. All of these things can create bad karma for you and the psychic, and it will come back to bite you!

The bottom line is: Pay attention to your "gut" feeling about a psychic. Your intuition should send up a red flag if you sense any dishonest intentions or manipulation.

## Checking Your Psychic's Accuracy

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Psychics work in different ways, which can make it difficult to use a single approach to test all psychics' accuracy. Learning more about the psychic process and knowing what to look for can help you evaluate a psychic's accuracy.

## Understanding the Psychic Process

Each psychic receives their information differently. A particular psychic may see visual symbols or "movies," or they may see or hear words, or they get a feeling or have sensory experience. The psychic must then translate this raw information into words that you can understand and use.

This translation process is a sensitive one, and there are many points along the way where the process can get "off track." For instance, sometimes during the translation process the original meaning can get changed or lost. Sometimes the words the psychic tells you are accurate, but you mishear them or remember differently later. Occasionally, a psychic can interpret the original information they receive in a way that doesn't make sense or you don't understand. None of the above cases necessarily means that the psychic is not accurate.

## Explore Answers Thoroughly

When an answer doesn't quite "fit," consider that the answer could be correct in a way you aren't expecting.

For example, sometimes a psychic might see a situation and assume it is a current situation, when it's actually a future situation. So the answer could be accurate sometime in the future but not be an accurate reflection of the present.

Another frequent situation is when a piece of information seems inaccurate (such as "you have a female relative with

lung problems”), and then later you realize it was accurate (“oh, I forgot about Aunt Elizabeth with her chronic bronchitis”).

Once in a while, the information a psychic gives you could be about someone who is no longer living, which can be confusing if you're only considering people who are currently living.

Occasionally, an answer that sounds inaccurate is actually an answer to a different question altogether - perhaps one you didn't know enough to ask, but containing information even more valuable than you would have received.

### **Accuracy Guidelines**

The best tools to use when it comes to accuracy are your own intuition and your common sense. Here are a few guidelines to keep in mind:

- ◆ Use your common sense about what information fits with what you know already (but keep an open mind regarding the situations in **Explore Answers Thoroughly**, above)
- ◆ Be wary of conflicting information or different answers to the same question during the same reading.
- ◆ Ask several questions before making any conclusion about a psychic's accuracy. Sometimes it takes a few minutes for the psychic to



understand best how to explain to you the information they're getting, and occasionally it may take them a minute or two to "tune in" on you.

- ◆ It's ok for your psychic to say "I don't know that" or "I can't get that"

## Finding a Psychic Who's Right For You

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Finding a psychic you can work well with is a personal and individual process. Only you can decide when someone you're working with just "feels right." To help you navigate the world of psychics, here are some suggestions for how to evaluate whether a particular psychic is right for you:

- ◆ Find out where they get their psychic information - the answer can reveal a lot in a short time. If this information is not on their web site, ask them when you call. Any credible psychic should be happy to explain how they work - free of charge.
- ◆ Ask them how they handle charging information - do they share your name or address with other companies? Will your personal information be stored - and if so, who has access to it?
- ◆ Ask whether they work from a spiritual context, working with Divine guidance for your highest good. If they don't work in conjunction with Spirit, you may pick up negative influences and/or

get information that will create bad karma and will come back on you. It may also throw you off course in your life and create situations that move you backward instead of forward. (For example, you might want to be with a certain person - when in reality a relationship with that person would cause a huge disaster in your life or make you miss the opportunity of a lifetime.) As individuals, we don't always know what's for our best good - but spirit does.

- ◆ The method (Tarot, runes, etc.) usually is irrelevant, as long as the psychic is working through Spirit. Each approach is a tool for Spirit to work through. If the psychic is not consciously asking for spiritual guidance in their work, they may be working from a negative influence - and you have no idea what source that information is coming from, or what the consequences of using the information will be.
- ◆ Pay attention to referrals - input from someone you know can give you an idea about a psychic's accuracy ahead of time.

## **How to Get the Most from Your Reading**

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Okay, so you've found a psychic you'd like to try working with. Here are some tips for getting the most out of your psychic reading and making the best use of your investment.

(Most of this section applies to real-time psychic readings such as over the phone, but some points apply to email readings as well.)

## Preparing for Your Reading

Knowing ahead of time what you want out of the reading can help ensure the results you desire, making the most effective use of your session time. Doing the following before your reading can help focus your session and make it go more smoothly:

- ☑ **Write down your topics.** Make a list that's specific enough to help you remember everything you want to cover, but leave room for questions you may think of during the reading. When coming up with topics, ask yourself questions such as "If I could change one thing in my life, it would be \_\_\_\_" or "The three things that concern me most in my life are" or "The things I want most in my life are \_\_\_\_\_."
  
- ☑ **Set your intention for the reading.** On a piece of paper, write "I intend to ask questions clearly and hear the full meaning of the answers" or "I intend to remain open minded while listening to the reading" or "I intend to use the information I get in the most effective way possible to improve my life," or anything else that describes what you intend for the reading.

- ☑ **Ask for Divine guidance.** Ask Spirit to bring forward the guidance that you need in order to live your best life, and ask that the guidance be made as clear as possible in words that you best understand.

### During Your Reading

Psychic readings can be costly, and regardless of what you're paying it's a good idea to make the best use of the time. This means asking questions in the best way possible, remembering the answers so you can refer to them later, and making sure you don't miss any critical information because you didn't ask the "right" questions.

- ☑ **Take notes.** Readings can go by quickly and are often over before you know it. Make sure you preserve all that valuable information by making notes, even if it's just a word or two here and there to help jog your memory.
- ☑ **Ask your questions appropriately.** Find out what the psychic's specialty is, and ask your questions accordingly. For example, you probably wouldn't ask a past-life psychic about your job options, and you wouldn't ask a medical intuitive about your marriage.
- ☑ **Ask your questions carefully.** To start with, ask general questions and see what information you get before asking more specific questions. If you start

with very specific questions, you may miss the information that you really need to know. For example, if you ask, "how can I get hired for this job at XYZ Company?" then you might miss out on the fact that there is a job you would love even more just around the corner. So it would be better to start with "Let's look at my job opportunities" and then get into more detail about those that interest you.

- ☑ **Ask follow-up questions.** When you get a piece of information, follow up by asking "How can I best use this information - what are choices of actions and their likely consequences?" This will help you clarify how you can best act on the information, or whether you should act on it at all.
- ☑ **Probe for other information.** Before finishing with a particular topic, ask "Is there anything else I should know about this area of my life?". There's often valuable information waiting for you that you may not know to ask for. This covers all the bases.
- ☑ **Make sure you didn't miss something important.** At the end of your reading, ask "Is there anything else?" Again, there may be critical information waiting for you on topics that you haven't covered so far.

## After Your Reading

Following up after the reading can be just as valuable as the reading itself. Here are some tips for rounding out your experience and getting the most mileage from what you heard during the reading.

- ☑ **Add to your notes.** After your reading, review your notes and add in any additional details you can remember.
- ☑ **Set your notes aside.** After completing your notes, set them aside for a time (preferably until the next day). When you are ready to look at them again, first center yourself by taking a few deep breaths and releasing any stress or tension you are holding. You might also want to ask for Divine guidance in using the information for your best good and that of the people around you.
- ☑ **Read through your notes again.** As you read your notes, notice what jumps out as particularly important and make a note at that point. Also, write down any feelings, hunches, or physical sensations you experience as you read. (For instance, if you feel tension in your stomach when you read "tendency to overdo for other people and not take care of myself," write a note to that effect next to that sentence.)
- ☑ **Explore and evaluate.** For each new note you wrote, take a few minutes and explore that area

and any feelings associated with it. (In the example from the previous paragraph, you might want to think about whether you actually do have a tendency to do more for others than for yourself, how well that is working for you, and what you might want to change.)

- ☑ **Create an action list.** On a separate page, make a list of actions to take or changes to make based on what you've discovered. (In the example above, one of your actions might be to set aside a time for a favorite activity once a day.) Put your action list in a place where you will see it often, and cross off each item as you complete it.
- ☑ **Make a note of questions for next time.** Often, as you absorb the content of a reading, more questions will come up - for example, to probe deeper on a particular topic or to explore next steps. Keep a list of these in preparation for your next reading.



#### **About Soul Vision Psychic Readings**

Get answers you can use from a professional, masters-level spiritual psychic. Find out in-depth about your love life & relationships, career, health, spirituality, angels, past lives, and dreams. We are honest and accurate, and we're here to help you!

Psychic Readings available from  
**Soul Vision Psychic**  
[www.soulvisionpsychic.com](http://www.soulvisionpsychic.com)

**Love & Sex**

- Love & Dating Outlook
- New Love Potential
- Compatibility Check
- Love Partner Profile
- Dating Pattern Repair
- Romance Patterns
- Relationship Repair
- Romance Booster
- Relationship Post-Mortem

**Job & Money**

- Job Search Reading
- Money Patterns
- Job Opportunity
- Money Outlook Reading
- Job Strength Reading
- Entrepreneur Profile
- Career Choice Reading
- Home Business Outlook
- New Business Outlook

**All About You**

- Personality Profile
- Life Themes
- Personality Challenges
- Emotion Scan
- Limiting Patterns
- Higher Self Message
- Find Your Passions
- Inner Child Reading
- Find Your Fears
- Subconscious Scan
- Self Esteem Check-up
- Karma Evaluation

**Health & Healing**

- Health Scan
- Aura Scan
- Specific Health Reading
- Chakra Scan
- Symptom Profile
- Women's Health
- Health & Wellness Scan
- Men's Health
- Health & Healing Profile

**Decision Making**

- Decision Profile
- Decision Making Style
- Decision Check
- Intuition Builder
- Spiritual Guidance
- Past Decision Review
- Decision Patterns
- Spiritual Profile
- Intuition Check

**Direction**

- Life Direction Reading
- Passion & Joy Profile
- Life Purpose Reading
- Life Challenges
- On-Track Check
- Spiritual Guidance
- "Get Unstuck" Reading
- Your Inner Wisdom
- Personal Blocks

**Spirit**

- Spiritual Check-up
- Your Spiritual Gifts
- Spiritual Blocks
- Best Spiritual Pursuits

**Dreams**

- Dream Interpretation
- Recurring Dream
- Dream Symbol
- Dream Recall

**Angels**

- Angel Message Reading
- Spirit Guide Contact Help
- Angel Profile Reading
- Dark Angels Check
- Angel History Reading

**Past Lives**

- Past Life Check-up
- Past Life Soulmate
- Shared Past Lives Reading
- Past Life Roster
- Past Lives and Purpose
- Reincarnation Patterns

**Crossing Over**

- Contact a Loved One
- Banishing a Ghost or Spirit
- Contact the Other Side
- Unwelcome Presences
- The Other Side Revealed
- Curses and Spells Check
- Psychic Attack Reading
- Psychic Medium
- Ghost and Entity Check

**Your Choice**

To get a reading, visit [www.soulvisionpsychic.com](http://www.soulvisionpsychic.com)